

COUNSELOR CORNER

Linden Elementary School



13 Ways to Raise a Caring and Compassionate Child

Like many things, kindness is a quality that children learn over time and through practice. Thankfully, there are many things you can do to encourage your child to be a kinder, gentler person.

1. Believe that your child is capable of being kind.
2. Model positive action.
3. Treat your child with respect.
4. Coach your child to pay attention to people's facial expressions.
5. Let your child know often that how they treat others matters to you greatly.
6. Don't let rudeness pass.
7. Acknowledge kindness.
8. Understand that your child's perception of differences in others comes into play.
9. Be sensitive to messages that your child picks up from the media.
10. Explain that calling someone names or excluding him from play can be as hurtful as hitting.
11. Avoid setting up competition within your family.
12. Show your child how to help people in need.
13. Be patient with your little one.

To continue reading the full article [CLICK HERE.](#)

13 ways to raise a caring and compassionate child. Scholastic. (n.d.). Retrieved November 22, 2021, from <https://www.scholastic.com/parents/familylife/social-emotional-learning/social-skills-for-kids/13-ways-to-raise-caring-and-compassionate-child.html>.

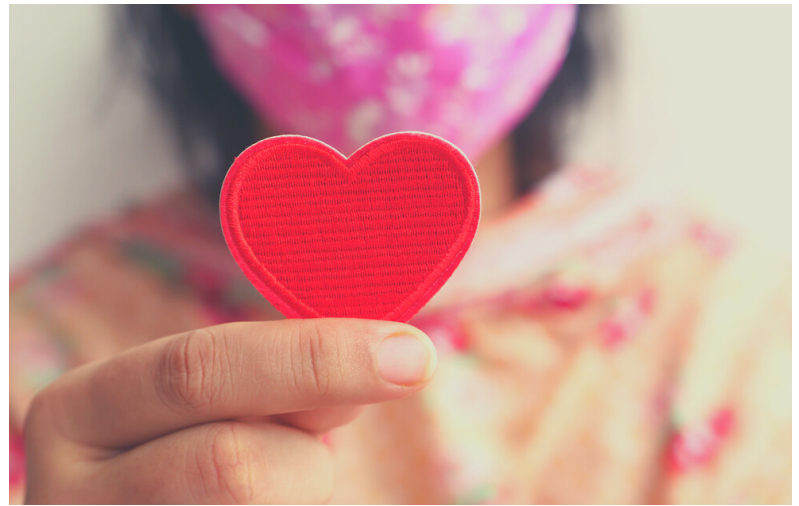
Parent Resources

PBS Kids for Parents

This online resource for parents and caregivers provides developmentally appropriate content and strategies to support children's development.

The website is very user-friendly. Content is organized by age as well as topic, and includes resources for emotions and self awareness, social skills, and character building.

In keeping with this month's theme, parents can utilize this website to locate fun and educational activities for kids to learn about kindness and empathy. [Click here for empathy related resources for 7 year-olds.](#)



Social and Emotional Learning

Children's Books About EMPATHY and KINDNESS

Be Kind

By: Pat Zietlow Miller

The Invisible Boy

By: Trudy Ludwig

All Are Welcome

By: Alexandra Penfold

I Am Human

By: Susan Verde

Last Stop On Market Street

By: Matt de la Peña

Those Shoes

By: Maribeth Boelts

Each Kindness

By: Jacqueline Woodson



Sparks Newsletter

In a recent article by psychologist Louis Tay, he states, "Don't push your children toward skills just because they pay well. Financial success is only one dimension of a fulfilling life. Teaching our children to understand and value money can be a challenge in our world especially when we consider what is "needed" and what is "wanted". As part of our Career Education Program through the District's Success Plan (Smart Futures and Naviance), we provide lessons and resources on various topics including "How Money is Used" in the primary grades, to budgeting, financial literacy and entrepreneurship in the secondary grades. These are important lessons to help your daughter or son see a path to their future goals and a means to attain those goals. Ask your student to log onto these platforms and show you what they are learning.

Below is the link to the complete article by Professor Tay.

<https://www.inquirer.com/life/character-lab-money-trap-20211123.html>



For questions or concerns about career path explorations, please contact Ginny Barrett at vbarrett@cbsd.org.